

Nature Journaling Thru The Seasons
African Nature Study

King PROTEA

Photo credit: Helo National

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by Nature Journaling Thru The Seasons

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First African Nature Study: King Protea

Wildflowers is a flower that grows without cultivation or that grows in the wild.

King Protea

Scientific names: Protea cynaroides

Protea cynaroides, the **King protea**, is a flowering plant. It is a distinctive member of *Protea*, having the largest flower head in the genus. The species is also known as **giant protea**, **honeypot** or **king sugar bush**. It is widely distributed in the southwestern and southern parts of South Africa in the fynbos region.

The King protea is the national flower^[1] of South Africa since 1976.

Protea cynaroides is a species of protea in the huge family Proteaceae.

The protea was named and classified in the 1700s

The father of taxonomy and botanist, Swedish-born Carl Linnaeus, gave the protea (*proteaceae*) its name in 1735.

The name "protea" was inspired by Greek mythology

Proteas are named after Proteus, son of Poseidon and shape-shifter.

Protea cynaroides is a woody shrub with thick stems and large dark green, glossy leaves. Most plants are one metre in height when mature, but may vary according to locality and habitat from 0.35 m to 2 metres in height.

Flower heads are large and bowlshaped and are up to 30 cm wide. The flowers of many species of proteas are pollinated by birds, bats, and small marsupial mammals. Proteas can either grow as shrubs or tall trees, depending on where they live.

The flower appears on South African birth certificates and passports, as well as on the South African 20c coin, and the Proteas, South Africa's cricket team, also took its name from the genus.

Composer study

Tchaikovsky

Waltz of the Flowers by Tchaikovsky

<https://www.youtube.com/watch?v=1aR92yQUS7s>

<https://www.classicsforkids.com/shows/shows.php?id=93>

Artist

Willie Schlechter

<https://www.willieschlechter.com/>



Willie Schlechter
Protea cynaroides

Something to watch

https://www.youtube.com/watch?v=aK8-65eNg_8

African Nature Studyby Nature Journaling Thru The Seasons

Handbook of Nature Study by Anna Botsford Comstock:

pages 460- 508

Poetry

Lure of the Protea by Sima Eliovson

Where silver rocks reflect the mountain streams,
The Protea holds aloft its stately head -
Majestic flower to prompt the thoughts of men,
According to their nature and their dreaming.

To some it seems a giant artichoke,
While others link it to the ancient god
for whom tis named -
The ruby glow and allied silky beard
evoke the mystery of primeval days;
A traveller, who ranges far from home,
will quicken at its sight and yearn
And envy sugarbirds,
that dip into the gleaming cup,
while swaying gently in the wind.

SimaEliovson

<https://www.proteaatlas.org.za/poems.htm>

Materials:

Journals
Pencils
Watercolour
Eraser
Ruler
Brushes

Indoor or Outdoor activities:

Create a nature journal entry

Draw Protea flower with petals.

Protea Flower Diagram - <https://junketjuice.blogspot.com/2019/10/protea-flower-diagram.html>

Find different kinds of wildflowers and identify.

Nature Journaling:

Add the following in your journal:

Date

Time

Drawing

Your observations

Location

Weather

Words

Label the frog parts

Quotes

Measurements

Scientific name

Painting & drawing

How to draw Protea

<https://youtu.be/B8YZt1uoe1c>

How to draw wildflowers

<https://johnmuirlaws.com/draw-wildflowers/>

Here's the video links of getting to know more about Nature journaling.

<https://johnmuirlaws.com/introduction-to-nature-journaling-video/>

<https://johnmuirlaws.com/getting-started-with-nature-journaling-video/>

References:

Wikipedia.org, Pza.Sanbi.org, Protea Atlas Projects

*Please do share on the Nature Journaling Thru The Seasons on the FB group your Nature journaling of your African Bullfrogs with journaling this week. Thank you all.

<https://www.facebook.com/groups/798820646986484>